

CALIFORNIA STATE POLYTECHNIC
UNIVERSITY, POMONA

Course Title: K-8 Elementary Physical Education Workshop 2023
Course Number: EPE 001
Date: July 2023
Prepared by: Dr. Lara Killick

COURSE OUTLINE

I. EPE 021 K-8 Elementary Physical Education Workshop 2023

There are 1 continuing education unit (CEU) available from College of Professional & Global Education, California State Polytechnic University, Pomona. The syllabus explains the requirements for receiving the 1 CEU. Attendees of the EPEW workshop interested in the 1 CEU must register and pay a \$60/unit fee prior to or upon registration at the conference. *Please note: These CEU are nontransferable and are not academic credit-bearing.

INSTRUCTOR: Lara Killick, Ph.D.
Email: lkillick@cpp.edu

II. Required Background or Experience: None

III. Expected Outcomes/Course Objectives

During the 5-day workshop, students will participate in positive, developmentally appropriate, quality professional development for physical educators, classroom teachers, administrators and specialists in physical education, gen ed, and health programs for grades K- 8th. Daily sessions will include K-8th grade PE best practices, PE, dance and health advocacy, interactive keynote lectures, demo slams and intentional collaboration with fellow professionals.

Course Objectives:

1. Identify new instructional practices and strategies to help you teach, model, and reinforce quality physical education
2. Analyze best practices for promoting whole child development and more inclusive learning environments (such as learning style, socio-emotional learning, subject advocacy, and classroom management).
3. Reflect on specific sessions you attended and share how they align with your specific goals and responsibilities.

IV. Text and Readings: Conference program and syllabus.

V. Minimum Student Materials: Notebook

VI. Minimum College Facilities: None. Participants will be at the conference site.

VII. Course Outline

1. Attend the K-8 Elementary Physical Education Workshop 2023

2. Select specific sessions (10 hrs) throughout the conference based on experience and knowledge
3. Submit a summary evaluation of conference experiences

VIII. Instructional Methods

Conference Presentation. The course will involve conference attendance during which course objectives and guidelines for conference participation will be explained. Students will be required to attend a minimum of 10 hours (1 CEU) of conference sessions, each student will provide a written reflection and summary about the sessions they attended and provide a signature from the presenter for each session attended.

IX. Evaluation of Outcomes

1. Attendance at conference
2. Signed session attendance sheet (provided at registration)
2. Written summary of conference sessions

Assignment Format: Students have one required written assignment.

1. Title page (does not count in the page count) containing the following information.
 - Your Name
 - Title of the Course (K-8 Elementary Physical Education Workshop 2023)
 - Location of Course (Cal Poly Pomona, CA)
 - Your email address (if you do not have an email address, please include your phone number)
2. Part I: A screenshot of your signed session attendance sheet(s)
3. Part II: Approx. 1-2 pages
 - Briefly describe the sessions you attended (1 paragraph max.)
 - Identify at least one specific new instructional strategies/activities you encountered across the conference that you would like to incorporate in your teaching practice.
 - Identify at least one major take-aways from the conference that will shape your approach to teaching Elementary PE.

Where to Send Your Assignment.

Please submit your assignment through email to:

Dr. Lara Killick

Lkillick@cpp.edu

Assistant Professor

KHP PE Teacher Credential & APE Added Authorization Coordinator

Department of Kinesiology and Health Promotion^{[L][SEP]}

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Assignment Due Date. Assignments are due by 5pm on Monday 31st July 2023.

GRADING Grading is criteria-based and is based upon full completion.